



Fresh Slow Food® Connections

~Heritage & Hospitality on Tap~ Late Summer/Fall, 2019 Complimentary Copy

www.parfittway.com

American Pioneering Wine & Spirit



Harvest time on the Royal Slope of Washington. Prior to the 1953, much of the land, though fertile, was too arid for dryland farming. Photo courtesy of Gård Vintners

Pioneers on the Royal Slope in Washington

Edited by Erin Parker

seemingly, without the ben- 3000 acres. efits of consistent irrigation ly less awe-inspiring.

water for the CBP.

owners, Josh and Lisa family enterprise. Lawrence, credit the suchaving agricultural poten- Sauvignon, fertile soil. However, with ache and Pinot Noir. average annual rainfall less those who tried.

authorized by Congress in farm products. 1935 and again in 1943. In 1952, after the retrofitting "Diversity helps keep the flow into the CBP canals.

ground within the CBP. is by no means wasted on

al City. For 40 years, the gravel roads; a network of brothers grew apples and underground water piping, On a late August after- cherries while experiment- pumps, canals, ditches and noon, from a perch at about ing with key agricultur- drains; and, housing for the 1,500 feet above sea level, al products such as grain, more than 150 employees amongst the viognier vine- alfalfa, silage, dry beans, who work the land alongyard rows, I was awestruck beets, potatoes, seed and side the Lawrence family. by the surrounding green- cattle. Over time the Law- Lisa's communications edery that stretched as far as rences were able to grow ucation is not wasted either. I could see. The landscape, their farm into a sizable The mother of three directs

would be something entire- Remember my tour guides? three tasting rooms (located Josh is John's son. He grew in Ellensburg, Walla Walla up on the family farm help- and Woodinville). Her ef-Successful agriculture is ing with chores and field forts have resulted in garvery young in this part of work until the day he left for nering a national following tence at all is a result of the in finance and met Lisa at current wines. Columbia Basin irrigation Pacific Lutheran University Project (CBP). The origi- in Tacoma. He didn't return Many nal capacity of the irriga- to the farm right away. Josh an agrarian past - maybe tion project was for more embarked on a career in Se-stretched a bit thinner these less than 70% has been re- ing wine while Lisa put her about 3 or 4 generations. alized. Estimates are that public relations degree and The Royal Slope's agrarian two percent of the Colum- skills to work in the heady past extends only from the bia River's average annual dot com days of the late early 1960s. That's just one the couple moved to Royal pioneers in every sense of City to partner with John the word. My tour guides, vineyard and Sandy and energize the

cess of the CBP as the rea- Josh insisted on planting son farmers returned to wine grapes. The farm's lothe Columbia Basin. The cation on the south side of Basin is defined by the Frenchman Hills was ideal US Army Corps of Engi- for their vineyard. In 2003 neers as an area of roughly they planted wine grapes 671,000 acres in the center and had their first harvest of Washington. The area three years later. Gård Vintencompasses the Columbia ners was born. Today they Plateau, which was recog- produce varietals including nized by pioneer farmers as Riesling, Syrah, Cabernet tial because of its rich and Viognier, Pinot Gris, Gren-

than 20 inches, mostly in Josh and Lisa certainly arsnowfall, dryland farm- en't the first to have a sucing proved to be extreme- cessful vineyard in Eastern ly hard and broke most of Washington. Folks in the Columbia Valley - Yakima, Red Mountain and Walla The Federal Reclamation Walla – have a 40-year head Service investigated the start on them. But the drive irrigation potential of the is alive with Josh and Lisa Columbia Basin area as to push on into uncharted early as 1904, but priori- territory. The couple have tized other projects along adeptly attracted talentthe Columbia River for hy- ed and experienced prodroelectric power projects. fessionals in winemaking, Enter the Grand Coulee viticulture and farm man-Dam. Politicians, including agement. Together they are President FDR, pushed for consistently experimenting the dam and it was complet- with lower-impact, sustained in 1941. Its companion able and organic farming irrigation project, the Co- principles while organicallumbia Basin Project, was ly certifying many of their

of the dam's third turbine, cash flowing throughout irrigation water began to the entire year," said finance-minded Josh. About a third of their cultivated With the new irrigation land is in apples and cherwater came enterprising ries started by his dad and pioneer farmers. John Law- uncle. Another third of the rence heeded his brother farm is in row crops and the Sandy's call and left Ho- final third is in wine grapes. quiam, WA, to bust the Josh's financial education

They staked their family's driving tractors and picking interests to an area known fruit. The farm operates like as Frenchman Hills on the a small city complete with Gård marketing operations and manages the company's

Americans

www.gardwine.com





Ambrose F. Grow

Ambrose Grow and his wife Amanda, and their family came to Eagle Harbor in 1881. He was a Civil War veteran and came because of the descriptive letters he had read in the New York and Kansas papers telling of the virtues of Bainbridge Island. Selling his large farm in Manhattan, Kansas, he homesteaded 160 acres here along the waterfront. In addition to being a charter member of the Eagle Harbor Congregational Church and the Madrone Schools, he was a prolific correspondent to the happenings in Eagle Harbor and environs



The Grow Family Homestead Still stands today as home to Harbour Public House

RANSOM Wine Co. & Distillery

Royal Slope, near Roy- over 32 miles of maintained Though sunglasses, we gazed east over the bed of plants, on a July mid-aftereverything that reminded days. me of summer's bounty sweet and field corn, timothy hay, alfalfa, melons, apples and grapes. Tad's farm was neither green nor lush. He explained that the growing season is reversed here in the foothills of the Coastal Range of Oregon where he has been growing as much barley organically as he can on the 40 acre plot he acquired in 2008. The the Ransom tasting room is still located normally rainless summer

> ly farm in New York where products. short growing seasons and time fully desiring a life in and should be about...

in rotational years.

the wine industry. Not long after, he was attracted to the Willamette Valley for its agricultural foundation and landscape reminiscent of where he grew up - but with a milder climate. Cold-calling on the Oregon wineries at the time as he looked to gain real working knowledge in growing vines and making wine, he was able to piece together work with wineries such as Amity and Argyle in the early 1990s.

By 1997, Tad was able to launch his own spirits and wine operations. Because craft spirits distilling was brand new to Oregon in the early 1990s, the mystery intrigued Tad. So his first products were brandies, three-foot tall wormwood grappa, and eau de vie, in addition to the wines he was noon, looking out towards producing from purchased the hilly, tilled fields where a fruit. He continued to work in cover crop had been plant- other wineries as he simuled. I agreed that the rolling taneously started up Ranhills reminded me some- som. A collaboration with what of the topography of long-time friend and author, New York's Finger Lakes David Wondrich, produced region from which my host, a spirit that was able to pay Tad Seestedt, owner and off – Ransom's Old Tom Gin founder of Ransom Wine - an aged gin that was in a Company & Distillery, spent sense an old world tradition Washington and its exis- college. He earned a degree and recognition for their his formative years. The with a modern new world farm itself is just outside the twist. With Wondrich's reone-horse town of Willam- search Tad was able to colina, a stone's throw from laborate on other spirits too. Sheridan along highway 18 For example, the Emerald than a million acres. Today, attle importing and market- days, but not farther than in the Willamette Valley of 1865 Whiskey, takes a tradi-Northwest Oregon. The Fin-tional mash bill dug up from ger Lakes region of central Ireland's 1800s. Oats in the New York, I recalled, was mash bills of the day was flow at the Grand Coulee 90s. But, once a farm boy, lifetime. The Lawrences much more lush this time more prevalent compared dam is diverted to provide always a farm boy. In 2001, and those like them are true of year with green crops of to mostly barley used in to-



Tad Seestadt founded Ransom Distillery in McMinnville, OR, where www.ransomspirits.com

is much too arid a climate In 2008, Tad was able to for the barley that he adds purchase the forty acres to his mash bill in the alem- that we were standing on bic pot stills that are housed that July day, where he in the barn behind us. Fall has returned to his farming and winter rains bring the roots. There, he has been moisture the barley needs able to combine all of his opto thrive. So, the barley is erations. He has wine vines planted in the fall and har- and barley growing as well vested in mid-summer. A as botanicals making many cover crop of nitrogen-fixing of his products truly farm grass that later gets plowed to bottle. Much of what he back into the soil is planted purchases comes from the Willamette Valley terroir as well. His barns onsite fur-Tad grew up on the fami- ther warehouse his aged

harsh snowbound winters Unfortunately, today the eventually drove him away "farm to table" moniker has to college and work in New lost some credibility as it is York City. The corporate misused or abused by marparalegal work he was do- keting claims that just do not ing there, however, did not reflect that all aspects of proengage him nearly as much duction are overseen or othas the city's wine culture. erwise grown by the brand Rejecting his cubicle life- behind it. Tad's spirits, many work, he made the leap to of which we proudly serve, the west coast calling Se- are truly top notch examples attle his home for a short of what farm to bottle can

BAINBRIDGE'S NEIGHBOURHOOD PUB

231 parfitt way sw, on the waterfront, 206.842.0969

MAKE SURE TO CHECK OUT OUR CHALKBOARDS FOR TODAY'S SPECIALS

Our entire staff truly enjoys serving you!

To ensure our mostly hidden, but equally deserving kitchen staff share in your thanks and generosity, a pre-tax 5% service charge will be automatically added to your check. The entire charge is distributed to the kitchen team. The customary tip line will be left for your discretion and is designated for just your server(s).

Tipping on the 5% service charge (or sales tax) is not expected.

VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS & COLD HARD CASH ALWAYS ACCEPTED, NO PERSONAL CHECKS For parties of 8 or more 18% service charge automatically included.

Here's a few reasons why we enjoy what we do:



Dr. Joth Davis and his wife Karen, who resided on Bainbridge Island, founded Baywater in 1990 with a simple idea: maintain the environmental integrity of Thorndyke Bay, Hood Canal, while providing shellfish of the highest quality. As Baywater continues to develop, with their son, Caleb, they have maintained their original commitment of stewardship to Thorndyke Bay by operating without electricity, warehouses, or running water.

FRESH NATURE

Fresh Nature Green Chickpeas, Spokane, WA, utilize sustainable farming practices and are harvested without the use of insecticides. The green chickpeas are picked fresh from the vine and rushed from the field to be washed, blanched and flash frozen. Green Chickpeas offer a nutrition packed bite. GMO FREE • GLUTEN FREE • ALLERGEN FREE • SODIUM FREE • VEGAN

Mt. Townsend aims to bring new life to dairy by creating wonderful cheese. From the beginning, the creamery has prioritized using high-quality milk. Today Mt. Townsend's cheeses are handcrafted from the milk of a single herd of 250 cows that live and graze on a family-owned farm, in Sequim, whose owners have been raising dairy cows for generations.







Utlizing a state-of-the-art new fishing vessel, Blue North is focused on quality, as opposed to quantity, and each fish is individually hooked and handled. Freezer longliners are also specifunique ability to carefully release any unwanted catch back into the sea with minimum damage. This sensitive, sensible and sustainable process helps bring the world's best frozen-at-sea Alaska cod to market. Mike Burns, founder, and his family live on Bainbridge Island.

Pane d'Amore bakes because they love good bread, hard work and our community. Having bakeries in Port Townsend & Bainbridge Island, they provide people the very best product they can make using the very best ingredients they can find at home, in the state and around the world. At the pub's request, Pane d'Amore has developed a burger bun using 100% Einkorn flour. Einkorn flour (farro) is an ancient grain, never been hybridized, nutrient-packed, & easily digested—but still tastes great!



By age 13, Paul Svornich knew he wanted to make a career out of fishing — but, he insisted on doing it in a way that is low-impact, produces a high-quality product, and is independent of the fishing corporations that dominate the industry. So, Paul built his own 38 foot fishing boat, Ocean, in his backyard from 1984 to 1987, just a few blocks from the pub. Every fish is caught, processed & frozen in no more than two hours.



Most ketchup today is genetically modified, sprayed with pesticides, and laced with high fructose corn syrup. Portlandia Foods partner with local distributors, who partners with farmers, who in turn partner with ladybugs and honeybees to produce condiments the way nature intended... no monocultures, no pesticides, no corn syrup. Gluten and MSG free too! Our other condiments are locally inspired as well. The pub makes all of its own tartar sauce, salad dressings, relishes, sauces, gravies and kimchi.

The Pub has been buying Becky & Mark Weed's Harlow Cattle Co. beef on-the-hoof since January of 2010. It is one hundred percent grass-fed, antibiotic-free and humanely treated beef ranched on the Western side of our state. Their Spanaway ranch is in its second generation of management spanning over 70 years. We feel honored to partner with Harlow Cattle Co. to deliver healthy, flavorful beef. You can really taste the difference!



Butler Green Farms has grown organic fruits, vegetables, eggs, 1979. Brian MacWhorter and Amy Kuhl started farming professionally over 40 years ago near Eugene, Oregon before moving the farm and family to Bainbridge Island in the mid 80s. Brian has helped our community create a thriving market for organic produce with his involvement in local farmer's rants, and farm-based education programs. Known for his ability to operates many greenhouses and several low tunnels to produce high quality greens and root vegetables and thousands of heirloom tomatoes.









We deep fry exclusively in trans-fat free Canola oil. The waste fryer oil is recycled into biofuel and other products.



Skip the Line, No more waiting around How It Works

- Discover us on Yelp
 - Search "Waitlist" to find our wait times before leaving the house
- 2. Join the List Add yourself to the waitlist with a single tap right from your phone
- Come On In We'll notify you with a text as soon as your table is ready



The wheat gluten free designation means the menu item includes no wheat in its regular preparation. However, wheat flour is still used in our kitchen. For an extra \$2 you may substitute an Udi's® Gluten-Free Burger Bun for a wheatless bread option.

OYSTER SHOOTER

A single locally-farmed Pacific in a shot glass with cocktail sauce The Health Department warns that consuming raw meats may increase your risk of foodborne illness.

PAUL'S ALBACORE TUNA SLIDERS

\$12

\$3

Seared medallions of sashimi-grade tuna (hand-caught aboard an historic sailboat by our neighbor Paul Svornich) on a Pane d'Amore® mini-bun with ginger aioli & pub-made kimchi — Plate of two —

Each Additional Slider

\$5

\$16

FLASH FRIED CALAMARI

Rings & tentacles dusted with gluten-free flour, deep-fried & served with our pesto aioli

NATURE GREEN® HUMMUS

\$8

Green chickpeas, tahini & roasted garlic Served with fresh veggies & grilled naan bread

PUB-CUT FRIES

small side \$2 plate \$4 Hand-cut russet or yam Double-fried in trans-fat free canola oil

LITTLE BEN'S FISH TACOS

\$18

Mexican food truck style — Organic corn tortillas with beer batter deep-fried, line caught Alaskan Cod, chipotle mayo, shredded cabbage, pepperjack cheese black bean aioli — Plate of two — Each additional

STEAMED MUSSELS IN BEER

\$17 Washington Coast mussels steaming hot With Pub-cut fries & a side of mayo

\$7

LINE CAUGHT ALASKAN COD FISH AND CHIPS

Pub-made beer-batter dipped, humanely caught Alaskan cod Served with

traditional Pub-cut fries fried in trans-fat free canola oil, Cole Slaw, lemon & our own tartar sauce — Extra fish piece \$5

ASIAN SALMON BOWL

\$20

Char-broiled Alaskan Sockeye salmon filet Served over organic spinach & brown rice with our ginger vinaigrette & warm Asian slaw

STEAMED CLAMS

\$18

Steamed Baywater® Salish Blue clams in white wine & lots of ically designed to avoid bycatch and have the garlic Served with Pane D'Amore® bread rolls

PUB FAMOUS CHOWDER

\$18

A New England Classic using the best of the local NW ingredients! Bowl of organic potatoes, onion, bacon, white wine & cream sautéed to order Garnished with a traditional pat of butter With your choice of:

In the shell Baywater® Salish Blue Clams,

Hood Canal Mussels,

Pub-smoked Pacific Salmon, or

Locally farmed Pacific Oysters

RIBOLLITA

\$15

A hearty Tuscan bread soup made of tomatoes, garlic, mushrooms, zucchini, spinach, white beans & vegetable broth Ladled over a thick slice of grilled rustic organic bread Seasoned with parmesan cheese

CLASSIC MONTRÉAL POUTINE

The Canadian classic prep of a plate of our fries topped with Mt Townsend Creamery® Cheese Curd smothered in Pub-made, gluten-free beef gravy

SMOKED SALMON TARTINE

\$16

Pub-smoked, Pacific wild salmon, goat cheese, capers & red onion served on fingers of grilled organic whole wheat sourdough bread On a bed of Butler Green® organic salad greens

PUB FAVOURITE SALAD

small side \$7 lg \$10

Fresh Butler Green Farms® organic greens & vegetables with your choice of dressing See Additions below

and meat in Kitsap County since SALAD ADDITIONS (price added to price of salad)

Grilled boneless. skinless Free-Range Chicken Breast \$9 \$9 Peppered Cod or Smoked Pacific Wild Salmon Grilled Pacific Sockeve Salmon Filet \$9

Pulled BBQ Pork Grilled & Smoked Portabella Mushroom

Bob's Vegetarian Pecan® Patty Two Pane D'Amore® bread rolls & butter

markets, grocery stores, restau- Sandwiches served à la carte (may we suggest fries or poutine for the table!)

THE PUB ORIGINAL BURGER

\$17

\$6

\$6

\$7

\$2

extend the growing season, Brian A larger 8oz of pub-ground, Harlow Cattle Co.® Grass-fed Beef, flamegrilled, with lettuce, grilled onion, pub-made pickle relish & mayo & served on a Pane D'Amore® 100% Einkorn bun

MAKE IT YOURS ADD-ONS: Beecher's Flagship® Cheese \$3 Mt Townsend® Cheese Curd \$2 Artisan Blue Cheese \$3 Artisan Goat Cheese \$2 Pepperjack Cheese \$2

Fried Organic Egg \$2 Sautéed Mkt Veggies \$2 Sautéed Mushrooms\$2 Two Bacon Slices \$3 Caramelized Onions \$2

All grass-fed beef burgers cooked to medium-rare. If you don't like the pink, then ask and it will come well-done. The Health Department warns that consuming raw or undercooked meats may increase your risk of foodborne illness. You're welcome to Substitute a free-range, skinless, boneless Chicken Breast; or a Port Townsend-made Bob's Pecan® Veggie Burger Patty; or a pub-smoked whole Portabella

SOUTHERN FRIED CHICKEN SANDWICH

\$16

Organic, free-range, boneless, skinless chicken breast soaked in buttermilk, dredged in seasoned flour & deep-fried Served on a Pane d'Amore® Einkorn bun with pub-made sausage gravy, Cole Slaw & Bread and Butter pickles

BUBBA'S BBQ PORK SANDWICH

\$15

Shredded, pub-smoked Carlton Farm's pork with N. Carolina BBQ sauce Served on a Pane D'Amore® 100% Einkorn bun with shredded cheddar, bread & butter pickles, shaved red onion & Cole Slaw — Option: Serve as 3 sliders

PUB BBB.L.T.

\$15

Six strips (yes six!) of smokey Montana bacon on toasted Pane d'Amore® organic whole wheat bread With lettuce, tomato & mayo You can Substitute Fresh Sliced Avocado for the Bacon

PUB-BAKED RUSSET POTATO

SOUP OF THE DAY

One large WA baker with butter & sour cream Add Sautéed Market Vegetables

bowl \$7 cup \$6

\$4